2016-17 PA Heartland Conf. Soccer ALL-STAR Selections—Division 3—1st Team—Girls

| Position | Name | School | Grade |
|-------------|--------------------|--------------------|-----------------|
| Forwards | | | |
| | Morgan Marks | Southern Columbia | 9 |
| | Lexi Thrush | Bloomsburg | 11 |
| | Nicole Varano | Mount Carmel | 11 |
| | Jenna Gardner | Loyalsock | 11 |
| Midfielders | | | |
| | Sam Jankowski | Southern Columbia | 12 |
| | Bella Green | South Williamsport | <mark>10</mark> |
| | Rhiallie Jessell | Loyalsock | 11 |
| | Lanie Urbanski | Warrior Run | 12 |
| Defenders | | | |
| | Paige Sharrow | Southern Columbia | 11 |
| | Jessi Burdett | Loyalsock | 12 |
| | Gabby Heiss | Warrior Run | 12 |
| | Jill Marks | Southern Columbia | 10 |
| Goalkeeper | Madeline Smakulski | Bloomsburg | 12 |

2016-17 PA Heartland Conf. Soccer ALL-STAR Selections—Division 3—2nd Team—Girls

| Position | Name | School | Grade |
|-------------|-----------------|--------------------|-----------------|
| Forwards | | | |
| | Maggie Morrison | Southern Columbia | 9 |
| | Haley Neidig | South Williamsport | 9 |
| | Morgan Hopkins | Hughesville | 9 |
| | Myriah Saar | Loyalsock | 12 |
| Midfielders | | | |
| | Madison Klock | Southern Columbia | 11 |
| | Maci Mazzatesta | Mount Carmel | 11 |
| | Sam Stopper | Loyalsock | 10 |
| | Rylie Urbanski | Warrior Run | 12 |
| Defenders | | | |
| | Sage Harmon | Bloomsburg | 9 |
| | Latricia Yocum | Warrior Run | 11 |
| | Emma Burrows | Warrior Run | 11 |
| | Maddy Swarthout | South Williamsport | <mark>10</mark> |
| Goalkeeper | Madi Welliver | Warrior Run | 12 |

Coach of the Year - Rich Miller - Mount Carmel

PA Heartland Conf. Soccer ALL-STATE Selection—Division 3—Girls

Madeline Smakulski - Bloomsburg

PA Heartland Conf. Soccer Team Standings—Division 3—Girls

| School | Overall record | Divisional play only |
|--------------------|----------------|----------------------|
| Loyalsock | 15-2-1 | 11-0-1 |
| Mount Carmel | 5-12-1 | 1-10-1 |
| Hughesville | 5-12-1 | 4-9-1 |
| Warrior Run | 12-3-3 | 9-1-2 |
| Bloomsburg | 7-10-1 | 3-8-1 |
| South Williamsport | 7-10-1 | 3-8-1 |
| Southern Columbia | 12-5-1 | 8-3-1 |
| | | |
| | | |